

Ballarat Senior Basketball Tournament

Men's and Women's Practice Games

TIMING RULES

Games consist of 4 fully timed 10-minute quarters for Practice Games

Breaks at first and third quarters will be one (1) minute.

- Half time will be five (5) minutes.
- Warm-up time will be five (5) minutes.
- Each team is permitted one (1) time out per quarter of one (1) minute.
- Full shot clock will operate (24 & 14 reset)

